

What Healthcare Services Do You Need?

We understand that, regardless of your needs, there are likely an overwhelming number of healthcare options available to you. Whether you or a family member are recovering from joint replacement, heart surgery, stroke, or have a chronic illness like diabetes, COPD, Alzheimer's or heart disease, we can help.

Cardiac Care (Congestive Heart Failure, Heart Disease)

Our cardiac care services are available to individuals recovering from a heart attack or bypass surgery, or who may be experiencing abnormal heart rhythms or high cholesterol. In addition, our services are also beneficial to residents with congestive heart failure or heart disease. Our cardiac care services provide nutritional counseling, smoking cessation, psychological interventions, exercise training, physical activity counseling and management of lipid levels, hypertension, weight and diabetes

Dialysis Care (Kidney Disease)

We offer dialysis support to meet the various needs of dialysis residents whether they are facing temporary or permanent loss of kidney function, or chronic kidney disease. We educate them and their families about kidney disease, associated risk factors and potential lifestyle modifications such as nutritional planning. Through individual treatment plans, we help residents determine a convenient and stress-free dialysis schedule so they maintain their independence and active lifestyle.

Diabetic Care

Diabetic care teaches those living with diabetes the best ways to manage the disease and keep control of their lives. As part of learning how to monitor their blood-glucose levels, residents are given specific diet plans that won't aggravate their diabetes. In regards to greater physical health, they learn improved methods for caring for their feet, gums and eyes, and are shown how to incorporate exercise into their diabetes management program.

Dementia and Alzheimer's Care

Following the guidelines and recommendations of the national Alzheimer's Association, Alzheimer's Care by A Superior Choice offers individualized care to all Alzheimer's residents, whether they are at the beginning of the disease or in its later stages. Providing around-the-clock care, our experienced staff is specifically selected for their personal commitment to Alzheimer's residents and for their ability to see that those we care for are our best teachers. Understanding that Alzheimer's affects the entire family, we include family members in the caregiving team and

help them develop better methods of understanding and communicating with their loved ones.

Pain Management

Our goal is to alleviate or reduce pain through the use of medical care. When patients have relief from pain, they are better able to focus on other aspects of their health. We incorporate different methods of pain management including the use of medications prescribed by the physician, and non-medication procedures such as massages, and therapy.

Restorative Care

A restorative plan of care is developed to reflect the resident's goals and is designed to improve wellness and function. Our nurses work with each resident to identify activities that negatively affect his or her ability to engage in self-care or increase risk of injury. We also assess range of motion, getting in and out of bed, communicating, and ability to feed or dress oneself. We work with an interdisciplinary team to assess issues and nursing care that can enhance the resident's psychological adaptation to a decrease in function, increase levels of performance in daily living activities, and prevent complications associated with inactivity.

Stroke Care

The effects of a stroke vary depending on its severity - patients may experience difficulty walking, swallowing, communicating and performing daily activities. Our stroke (also known as CVA) care services help patients address their unique stroke effects with the goal of regaining independence and returning home. In addition to medical care, stroke patients may be prescribed various physical, occupational and speech therapy regimens to help them regain function and physical coordination.

Wound Management

Residents recovering from surgery or extended illnesses may experience complex wounds that need further attention in order to heal properly. Our comprehensive wound care program is directed by a team of professionals who use the latest in wound management techniques and therapies help the resident heal faster. The wound care team works closely with other members of the health care team to prepare a plan of treatment that best addresses individual needs, and we involve both the resident and the family in every step of the treatment plan.